



THE IMPACT OF BULLYING ON CHILDREN AS A SOURCE OF INSPIRATION FOR CREATING PAINTING WORK

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ABSTRACT

This study journal/independent project raises the theme of the impact of bullying on children as a source of inspiration for ideas for creating works of art. The problem of bullying still often occurs in educational environments, especially among children. Bullying will have a negative impact on the victim in terms of physical and mental health. The cause of the perpetrator committing acts of bullying is based on several factors; namely, the perpetrator has temperamental behavior, and the second factor is due to the parenting style of parents who use violence. The problem faced is how to apply the concept and how to visualize the meaning contained in a painting. The aim to be achieved in the creation of this work is to determine the impact of bullying on children through creativity and imagination in the form of paintings by combining techniques, styles, symbols, colors, and references to achieve the desired goals and meaning. From the themes above, there are 6 (six) works that can be realized with the titles Bullying, Despair, Anxiety, Anti-Social, Depression, and Self-Harm. It can be concluded that the impact of bullying on children provides inspiration for writers in creating works of painting and developing imaginative ideas, which will become valuable and meaningful works of painting. With the creation of these works of art, it is hoped that they will be able to convey messages of meaning as well as be a medium. education and an overview of the impact of bullying on children.

1. INTRODUCTION

The problem of bullying behavior in children that still occurs in the world of education and also from the social environment. one of them is bullying behavior. Bullying is an act of oppression or violence such as



ridicule, insults, threats, beatings that are carried out intentionally by a person or group of people who are stronger or more powerful against others and can take place continuously. Schott (2014) draws three points contained in the definition of bullying by Olweus (1999). including bullying related to individual aggressive behavior, bullying related to social violence, and bullying related to group dysfunction [1]. Bullying is an aggressive behavior of individuals or groups both physically and verbally. The perpetrator of bullying has a power difference between the victim in this case, the power difference refers to the perception of physical and mental abilities.

The results of a study conducted by Davis, et al. (2016) on bullying behavior showed that this behavior can buffer the risk of insecure attachment to symptoms of depression, anxiety, and stress. Therefore, it can be concluded that as a negative personality trait, mindfulness can also play a risk buffering role in the relationship between bullying victims and undesirable consequences or impacts Wolke et al. (2013). Bullying behavior in Indonesia according to the Indonesian Child Protection Commission (KPAI) said that until March 2024 there had been 383 cases of bullying behavior in children, and 34% of the case data occurred in the education environment [2].

The rampant acts of bullying are motivated by several factors, Internal factors that cause bullying are temperamental behavior, and external factors that cause bullying to occur are parenting patterns, such as authoritarian parenting that uses violence and intimidation to get the appropriate results in their children [3]. Therefore, the child will seek release from their peers. Based on research, bullying can have some serious negative impacts on the victim. The effects of bullying can be both short-term and long-term, and can affect various aspects of a bullying victim's life, including mental, emotional, physical and social health. The effects of bullying include mental health. Victims of bullying often experience stress levels of anxiety and depression due to the pressure, feelings of hopelessness and loss of interest in daily activities, which can develop into depression and be fatal. Some victims of bullying can experience levels of despair that lead to thoughts of ending their lives. Victims of bullying also experience physical injuries due to the acts of bullying they experience which result in cuts, bruises, and other physical injuries that can interfere with the victim's physical health and quality of life.

Socially and emotionally, victims of bullying feel isolated, lose self-confidence and find it difficult to form social relationships, not only that bullying can interfere with concentration and academic performance, hinder learning ability and contribute to decreased academic achievement [4]. Relationships and behavior some victims of bullying can behave aggressively, angry, and desire for revenge as a way to vent their pain and frustration due to the bullying actions they experience and bullying actions can form poor interpersonal relationship patterns, make it difficult for victims to trust others, and will have a long-lasting impact because bullying actions can leave psychological trauma that can continue into adulthood, affecting the health and well-being of victims into adulthood.

It shows that bullying behavior must be prevented and avoided. This shows the need for socialization and education on the dangers of bullying. The role of parents and schools is also very important to monitor bullying behavior so that it can be prevented and stopped. The impact of bullying will be very detrimental in the future for victims of parental awareness, the community is needed to prevent bullying or bullying.

In this discussion, from the phenomenon and the results of these observations, individual children who experience or are victims of bullying actions have poor behavior, emotional, physical and mental, as well as recognize and examine the negative effects of bullying. From that, the author is also interested and inspired to research and raise this phenomenon or matter, namely "The Impact of Bullying on Children as a Source of Inspiration for Ideas in the Creation of Painted Art Works". In this case, this work will visualize

the action behavior, physical and mental disorders experienced from the impact or influence of bullying, this painting will use a contemporary painting style with visual surrealism / imagination objects. It is hoped that this work will be an inspiration and can also be an education on the dangers of the impact of bullying on physical and mental health.

2. METHODS

The process of creating a painting requires understanding the stages of development and creation techniques in detail, as well as understanding the techniques of creation methods, not only from analysis, but also through reconstruction of the work process and equating that the work process is as important as the result of the work. In creating works of art using approaches from other scientific disciplines, it is intended that during the creation process it can be explained scientifically and argumentatively [5]. Study of an independent project held at Andre Yoga Studio, the creation method directed by I Kadek Agus Andre Yoga Permana and the results of the author's observations, the method begins with the basic research, exploration, improvisation/experimentation, execution and completion stages. The meaning of these stages is as follows:

2.1. Basic Research

This basic research is intended to find information regarding the stages of creating a combination of contemporary painting styles and pop art, which will be used with the concept raised. The author also conducted basic research from several journal articles regarding the title that will be chosen, namely the impact of bullying on children as a source of ideas for creating works of art.

2.2. Exploration

Exploration is a search or exploration process aimed at finding an idea or idea. The exploration stage is the first process carried out in creating a work of painting which is carried out by making observations. Within the scope of fine arts, the processing of materials, media, thoughts and concepts becomes an exploration activity to obtain new possibilities. Exploration activities can also give rise to unexpected forms, symptoms or things that can be explored again to obtain a unique work of art later. The author also explores the works of artists as references and references in creating this painting. There are several contemporary, pop art and surrealist artists such as Andre Yoga, Roby Dwi Antono, Salvador Dali and James Jean.

2.3. Improvisation/Experimentation

The improvisation stage is a stage of experimentation and creativity which makes it possible to carry out various kinds of experiments until finding something interesting in creating a work of painting.

2.4. Formation

The forming stage is the process of creating or realizing work through ideas, sketches and techniques that have been carried out from studies carried out in the previous stage. This stage begins with designing the idea, then begins the sketching stage, the painting and coloring process, and finally the finishing stage.

2.5. Media and Mediums

The process of creating a work of course requires a medium and media. The author uses canvas media measuring 90 cm x 70 cm and several mediums such as acrylic paint, brushes, markers, drawing pens, and also a projector as supporting tools in making painting sketches.

3. RESULTS AND DISCUSSION

The results of the process of creating paintings using a surrealist style resulted in 6 (six) paintings. This work visualizes the impact of bullying on children by using dominant pop art colors by visualizing imaginary objects and containing symbols of certain meanings in them. In this work there are several impacts of bullying from a mental and physical perspective which are the inspiration for this painting, including the following:

3.1. RESULTS

3.1.1 Anti Social



Figure 1. Anti Social

Source: I Wayan Cahya Sunarbawa

Media: Acrelic on Canvas

Size: 70 cm X 90 cm

Year: 2024

Description of work:

This work visualizes the impact of bullying, namely social problems, namely anti-social is a condition when a person finds it difficult to trust the people around him [6]. Victims of bullying are vulnerable to this condition because they are worried that they will get bad treatment again if they put their trust in other people. . Victims of bullying who experience problems trusting other people or trust issues tend to close themselves off and are reluctant to socialize with other people and become anti-social.

This work contains a semicolon or semicolon sign or symbol, in psychology the semicolon is a symbol of reminder and enthusiasm to live and recover from mental disorders, as well as victims of bullying who have experienced trauma and mental disorders and the color of the black circle behind the object Children who are victims of bullying describe the sadness, loneliness and fear they experience.

3.1.2. Hopeless



Figure 2. Hopeless
Source: I Wayan Cahya Sunarbawa

Media: Acrelic on Canvas

Size: 70 cm X 90 cm

Year: 2024

Description of work:

Hopelessness is an emotion or feeling characterized by a lack of hope and optimism. Someone who experiences this condition often has no hope in life, or has given up on the situation they are experiencing [7]. As an illustration, when someone feels hopeless and thinks they have no future, and is reluctant to do anything to get out of their condition and believes that no one else can help them. Victims of bullying also lose interest in objects, activities, events or important people around them.

As for the number of objects in this work, such as a monster wrapped around a child, the author describes them as bullies who are carrying out bullying and violence against their victims without any feeling of pity. The author depicts the visual appearance of a monster where the monster has strength, is scary and scary which is suitable to reflect the perpetrator of bullying who has more power than the victim.

The colors that are widely used in this work have several meanings in them, such as red in psychology is a color that looks bold. The color red is often associated with things such as violence. Apart from that, red

is also often associated with passion, as do bullies who have the power and violence and passion to bully victims of bullying. The color yellow can also be associated with danger, namely the danger of the impact of bullying, and the meaning of black can be associated with evil and also sadness.

3.1.3. Hurt Yourself



Figure 3. Hurt Yourself
Source: I Wayan Cahya Sunarbawa

Media: Acrelic on Canvas
Size: 70 cm X 90 cm
Year: 2024

Description of work:

This work tells and visualizes self-harm disorders due to the impact of bullying. Self-harm or also called Self-harm is an act of hurting oneself to relieve frustration, stress and various kinds of emotions. Each person has different ways of self-harm, such as pulling hair, pinching, biting, hitting, swallowing dangerous substances, and cutting body parts [8]. The initial goal is not to commit suicide, but it will cause serious injuries if it continues. Another cause of self-harm is social problems. Often, this negative behavior is more likely to attack victims of bullying or bullying, or people who are in certain difficulties.

This work visualizes a child as the main object who is hurting himself all day long because of frustration, hopelessness and depression over the life circumstances he experiences due to acts of bullying. As for the number of other supporting objects, such as the characters of toy objects, that are visualized in this work, the author reflects them as a sign of loneliness where victims of bullying are afraid or traumatized about social relations and find it difficult to make friends, therefore victims of bullying play and make friends with their own toys and imagination.

This work visualizes a child as the main object who is hurting himself all day long because of frustration, hopelessness and depression over the life circumstances he experiences due to acts of bullying. The symbols and meanings of colors visualized and used in this work, such as the green ribbon symbol, represent the cause of awareness of mental disorders and support those who suffer from mental illnesses to recover, as a result of trauma and violence. The white flag can be interpreted as a sign of surrender, where the victim of bullying has given up on the situation resulting from the bullying they experienced.

3.2. DISCUSSION

Concept is very important in the process of creating a work of painting. Concepts are the main structure in the formation of scientific knowledge and philosophy of human thought. A concept is an abstraction of an idea, idea, imagination or image. Concepts are built from analysis of phenomena, literacy and authentic experiences of creation. The author's painting work was inspired by the impact of bullying on children, because the problem of bullying or bullying of children in the school environment still often occurs and will be dangerous in the future for the victim's physical and mental health. The author hopes that this painting work will become an educational medium and provide an illustration to the public of the dangers of bullying.

This work displays a combination of surrealism and pop art styles. Surrealism is a style that depicts the contradiction between the concepts of dreams and reality with images that show real objects in impossible situations such as dreams and the human subconscious [9], and pop art is a flow of art that utilizes symbols that contain certain meanings and a visual style that originates from popular mass media. The author's work emphasizes the shapes of objects. The aesthetic element of shape will greatly influence the attractiveness of a object. The forms contained in this painting are objects of imagination/imagination, one of which is a monster object which is a characteristic of the author's paintings, which is adapted to the story of the concept/theme raised.

4. CONCLUSION

It can be concluded from the results of the research and the process of creating this painting work that was inspired by highlighting the impact of bullying on children, which aims to serve as an educational medium as well as a medium for socializing the impact of bullying on children, because bullying is very dangerous and detrimental to the victims in the future both physically and mentally. In applying the concepts contained in the impact of bullying on children as inspiration for ideas in creating paintings, visualizing the actions and also the impacts of bullying into a work of painting. The author's work visualizes many objects of imagination/imagination, such as monster objects/forms as a characteristic of the author's paintings. The author reflects the monster object in this work as the perpetrator of bullying because the perpetrator of bullying has a frightening and strong character. The process of creating this work has stages or methods such as exploration, improvisation, and also forming. In this work, the author uses canvas media using the principles and elements of fine art by highlighting composition, technique, shape, color and style. This painting also depicts many symbols which have certain meanings in them.

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